

# MARYLAND SUMMER WRESTLING LEAGUE 2022

## Sponsored by Olney Boys & Girls Club

Continue your folkstyle training and practice throughout the summer, at the MSWL.

**Thursdays at The Landon School 5:30-9 pm**

Clinic: 5:30-6:30 June 23, 30, July 7, 14, 21, 28

- Run by local college coaches and wrestlers
- Learn and practice various styles and moves
- Beginner clinic also available

League Duals: 6:30-9 June 23, 30, July 7, 14, 21, 28

- Weigh in on the first night
- Teams coached by local high school coaches
- Two duals per team per night
- **Prices: League: \$190 \*includes clinic Clinic only: \$100**

**Register at [OBGC.com](http://OBGC.com)**

**Questions? Contact**  
**[Robert\\_Pinsky@mcpsmd.org](mailto:Robert_Pinsky@mcpsmd.org)**



“The Maryland Summer Wrestling League is one of the best things going on in the state of Maryland. It gives kids and coaches a great opportunity to learn and get some good competition during the summer. I believe it has raised the level of wrestling in the state and hope more coaches and wrestlers continue to take advantage of this great opportunity.”

-Kerry McCoy  
2X NCAA Champion

“The best idea for off season training! Learn, train and get real battle experience.”

- Kelly Ward  
NCAA Champion  
Director-  
[KellyWardCamp.com](http://KellyWardCamp.com)

“We believe that the MSWL is a valuable experience for wrestlers of all skill levels and weights. It is always competitive and there are always very highly qualified clinicians that come in each week. I always encourage my guys to sign up to get these valuable experiences.”

- Derek Manon  
Wrestling Coach- Walt  
Whitman High School