

WHEN: July 8-12th 2024

WHERE: OBGC Fields Volunteer Dr, Olney, MD 20832

COST: 375\$

Time: 9am - 3pm



Description:

This camp is designed for boy's lacrosse players **ages 6-14** of all skill levels. The camp will emphasize the fundamental skills of lacrosse. Drills and activities are designed to make every camper a better player by the end of the week. Skill sessions will focus on stick skills, offensive/defensive principles and positional fundamentals. Afternoons will be filled with fun competitions! Camp staff will include current high school coaches, current/former college players and current high school players.

What to bring:

- Certified lacrosse helmet, shoulder pads, arm pads, gloves, mouth guard, protective cup, outdoor cleats, lacrosse stick, and goalie equipment (for goalies only)
- Your own lunch
- A full water bottle



Camp Directors:

Coach Matt Schneider: Matt Schneider has been the head varsity lacrosse coach at Sherwood High School since 2017. He has 68 career wins and his teams have appeared in the state semifinals (2021, 2022,2023) and the 4A State Championship in 2023. He has coached 5 US Lacrosse All-Americans, many current and former college lacrosse players and was named the US Lacrosse Coach of the Year in Montgomery County in 2021.

Coach Nic Towson: Nic Towson is the current head JV Coach for Sherwood High School. Prior to returning to Coaching at Sherwood he was the head Varsity Lacrosse Coach at St. John's Catholic Prep. Coach Towson brings 30 plus years of experience as a lacrosse player and Coach to the campers. Coach Towson was the first lacrosse player in Sherwood High School history to be inducted in the Sherwood High School Athletics Hall of Fame in 2022. Coach Towson is also heavily involved at OBGC Lacrosse where he coaches multiple youth teams.